

Preparing the Soil

For week beginning on July 29

Being in relationship with God is more than just a once-a-week event. Just like any relationship, regular communication is needed. I challenge you to create a daily routine to prepare your hearts for God's word. This is something that can be done in less than 20 minutes per day. It just requires a time and place of quiet (before the day begins or after the day has ended or even on the train coming home from work). The readings are designed to coordinate with the sermon theme of the following week. I invite you to follow each step Monday through Saturday.

I. Invocation (Pray this each day):

Gracious God, your blessed Son came down from heaven to be the true bread that gives life to the world. Give us this bread always, that he may live in us and we in him, and that, strengthened by this food, we may live as his body in the world, through Jesus Christ, our Savior and Lord. Amen.

II. Psalm 34 (Read this each day):

III. Daily Scripture Readings

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| Monday | 1 Kings 18:1-19 |
| Tuesday | 1 Kings 18:20-46 |
| Wednesday | 1 Kings 19:1-10 |
| Thursday | 1 Kings 19:11-18 |
| Friday | John 6:1-34 |
| Saturday | John 6:35-51 |

IV. Prayers

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| Monday | For those in need of healing from <i>Yellow Pages</i> |
| Tuesday | For those serving in military and vets |
| Wednesday | For our shut-ins and caregivers and families in grief |
| Thursday | For our leaders in government and church |
| Friday | For family members and neighbors |
| Saturday | For yourself |

V. Reflection

Silent and/or written

VI: Benediction (Spoken each day):

My Lord, today I will make a thousand choices, big and small, consequential and trivial. In the midst of all these decisions, help me to choose the one thing needed for a richer, more vital life in you. Amen

The general idea and often the words of the benediction are taken from: *A Guide to Prayer* by Rueben Job and Norman Shawchuck, (The Upper Room: Nashville, 1983).

A New Opportunity: Reading through the Bible in two years.

The following readings are designed to lead the reader through the Bible over the course of two years. Each day there is a reading from the Psalms, the Old Testament, and the New Testament. The readings will be given for Monday through Saturday. Sunday will be a day of rest (and catch up if needed).

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| Mon. | Psalm 89:46-52 | Joshua 7 | Mark 6:45-56 |
| Tues. | Psalm 90 | Joshua 8:1-29 | Mark 7:1-8 |
| Wed. | Psalm 91:1-8 | Joshua 8:30-9:27 | Mark 7:9-23 |
| Thurs. | Psalm 91:9-16 | Joshua 10:1-27 | Mark 7:24-37 |
| Fri. | Psalm 92:1-8 | Josh. 10:28-11:23 | Mark 8:1-13 |
| Sat. | Psalm 92:9-15 | Joshua 12:1-13:7 | Mark 8:14-21 |

For an introduction for Week 31 readings, see SOTH's webpage (shepherdofthehill.com), find the sidebar button entitled "Read Through the Bible Program". The same introduction is also found on the Shepherd of the Hill Facebook page.

If you need some help understanding the Bible texts you are reading, try the Augsburg Fortress *Lutheran Study Bible*. Google "Augsburg Fortress Lutheran Study Bible" to buy through the Augsburg Fortress Publishing.

If you want a narrated version of the Bible, try out the audio Bible version from Bible Gateway (<https://www.biblegateway.com/resources/audio/>) or download the Bible Audio app from your app store.

A good online resource is called "Enter the Bible" (enterthebible.org). It is produced by Luther Seminary. This website can give you information about each book of the Bible. Take some time and explore.

Another good source of information is a Bible study that I did two years ago entitled "See Through the Scriptures." Each of the lectures were videoed. Go to shepherdofthehill.com, click on the tab "Deepen Your Faith". Look under the heading "Reading and Understanding the Bible" for "See Through the Scriptures." Check out Session 7 to understand the danger of idolatry for the Israelites.

Join us as we deepen our knowledge of God's word.